

Parallel Universes of Infinite Self

2006 Frederick E. Dodson

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Foreword

This book contains advanced viewpoints for the multidimensional human being of the 21st century. Shared within are mysteries of self and reality that have not been published before. As such, it is a jewel. If you treat it with consideration and appreciation, it will treat you with consideration and appreciation. The specific style of teaching or applied philosophy is abbreviated RC, which stands for reality creation.

Go for the Real Thing

This book is dedicated to the spirits who believe life is meant to be magical and fun. It does not see you as a small, insignificant, cowardly, needy human being, but as the multidimensional, infinite, and eternal being that you are. This book's primary purpose is to reawaken your sense of fascination and awe towards life. Its secondary purpose is to shatter rigid belief systems and habitual ways of seeing and focusing on things. Why? Not to invalidate the societal structure in which you comfortably reside, but to support your return to the radical self-responsibility and *vast open-mindedness* of a spiritually mature being. With all the presuppositions you have gathered about life, you will hardly be able to dive into the unknown and learn something new or experience the *vivid freshness* of infinity. As is typical of the human condition, some ways of seeing things have become stale, to say the least. Even if your convictions and conclusions were useful at one time, doesn't it get incredibly dull to think the same things over and over and over—to perceive things from the same vantage again and again and again? But, as nothing can be added or taken away from infinity, the belief systems we shatter will not be lost. You can pick them up and reassemble them later if you need to hold on to concepts, or if you get scared of the joyous enormity of it all. Nobody is forcing you to have too much fun. Expanding awareness, in the original sense, means seeing, feeling, perceiving, noticing, experiencing, and doing something you have not seen, felt, perceived, noticed, experienced, or done before. It's as simple as that. If this is what is happening to you, you are using this book the way it was meant to be used.

If I were asked if this book is any good, my honest answer would be, "It depends who's asking." Reading is a two-way street; it is not only about the information, but also about who is reading and why. What is the reader's attitude? A truly open-minded reader will neither immediately dismiss what doesn't match his preconceptions, nor immediately embrace what does match them. Be neither the automatic naysayer nor the fanatic yea-sayer. Read slowly, contemplate what was read, and give yourself time to play with the ideas. In this so-called Information Age, much emphasis is placed on collecting information in a browsing, unfocused, random, breeze-through manner. Once the info is processed, its, "Okay, got it. What's next?" That approach will not do for this book. If you want to learn something new that will benefit you beyond your expectations, slow down and actually get interested in what is being said. Consider and re-consider. Put it to the test. Look at it from more than one angle. In the context of this book, unapplied knowledge is no knowledge at all. Place emphasis not on information, but on experiencing joy. If you are not having any fun, what's the use of the knowledge? Application does not mean hard work. Let me put it this way: What is the difference between reading, talking, and intellectualizing about red wine and actually drinking it? Those who have substituted information for experience haven't really tasted it. Actually taking a sip of wine equals experiential-learning and lets you feel different. Go for the real thing.

Self-Responsibility

The primary audience of this book is the ever-expanding New Age, human potential, spirituality, magical, self-help, pop psychology, and “you create your own reality” movement. It is these longing and curious souls that I would like to reawaken to the subject of self-responsibility.

While the people of this movement have grown out of the limitations of materialist science & atheism on one hand, and religion, cultism, and submission on the other hand (thesis and antithesis), some still bring the baggage of old ways and ideas into the new paradigm and planet we are creating. Many readers are already familiar with self-responsibility, but for the magic in this book to work, we must expound on it. While I encourage the New Age movement, much of it still operates under lack, infantile wishful thinking, and neediness, rather than identification with the infinite self.

I have been teaching the “you create your own reality,” mental and emotional technique and meditation for more than ten years and have witnessed how many approach the teachings as something that will fix it for them, but without you none of the techniques are worth a dime. They get their energy from you. They get attention, importance, belief, and time from you. People take part in programs, courses, meditation retreats, and workshops to get better or feel better. They say they want a better job, more money, lasting relationships, better sex, a soul mate, health, a good-looking body, enlightenment, an out-of-body experience, lucid dreams, or to break limitations. They want these things because they hope it will make them feel different. A higher state, more energy, and greater well-being are the goal of these desires. Paradoxically, and quite ironically, feeling better is not the goal of my work, but its prerequisite! Well being is not the goal; it is the starting point. Without energy or enthusiasm to start with, none of it works. This is funny and kind of tragic, because the people most desperate for certain things will be the least likely to get them. People who visit my workshops out of curiosity, but in a state of general well-being will get the results—they’d also get them without my workshop.

Infinity (all that is) is attraction or correspondence-based, which means, “like attracts like.” This means that lack will produce more lack, and success will produce more success. As long as you need something outside yourself to make you happy, as long as you have a long list of conditions to be met and circumstances to change, you are a slave of the world, and as a slave, you will not experience magical results. If you say, “*When* I have money, vacation, meditation, this book, this file, this knowledge, this job, this partner, this statement by my colleague, I will feel better,” you are wearing life the wrong way around. A mirror (life) will not smile before you do. Circumstances will not change before you do. Unfortunately, most people have been conditioned to this viewpoint. Maybe it’s also the viewpoint you hold. If that is the case, now is the time to reconsider your approach. These people can easily be duped, conned, and exploited. All one has to do is find out what they desire (lack), promise to deliver, and one can do anything one wants. As long as you are needy, as long as you shy away from self-responsibility, you will rarely feel fulfilled, except for the occasions when one of your cravings is temporarily met. You will forever be running after things, instead of having them run after you. The former is the way of the slave, the latter the way of the wizard. Things are, of course, not bad in and of themselves, but the world cannot give you anything of lasting value. It can only reflect what you give yourself. The wizard does not want to have more, but *be* more. He knows that when he stops chasing the world, the world starts chasing him. Here’s a word of advice: Regularly spend a certain amount of time becoming silent and relaxed until you find happiness within yourself in the here and now—independent of the ever-

changing conditions and circumstances of the world. Find well-being independent of objects, people, and events. This single piece of advice will boost the quality of your life in ways you may not yet suspect.

Spirituality, New Age philosophy, and the knowledge of existence beyond the limits of bodily form and its five senses can be a breakthrough, an inspiration, but it can also be a limitation. It becomes a limitation when you substitute teachings and techniques for self-responsibility in daily life, first-hand common sense and intuition—your own inner authority. Some resemble a person standing by a lake where a child is drowning; he has to consult his tarot-cards to decide what to do. Truth is not a path followed, but one created by your own footsteps. Follow another's path, and you become the other, not yourself. Dependency on outside sources and teachings is the number one mistake I have observed in the New Age scene. In other words, it is not going to be a guru, teacher or technique that ultimately forms your experience, its going to be you, the "I am," the "*you*niverse." This is not said to discourage you from considering outside viewpoints, but to encourage you to consult the wellspring of your inner knowledge before you consult others. The answers are not always out there, but very often, in here. When you make something outside more important, you are presuming that you do not create reality, but an outside authority who knows more than you do. This is an invalidation of your infinite nature and the surest way to cut yourself off from your intuitive and common sense. The prime source of reality is not rules, concepts, behaviors, teachers, masters, or gurus, but you. Yes, go ahead, ask questions and gain different viewpoints, but do not become dependent on them. You are a sovereign, individual, unique, beautiful, and very powerful being, and it is silly to assume that others have access to more of the infinite resource than you do.

The Nature of Infinity

Highways of the Soul

Take the concept of parallel worlds, as known in physics and science fiction, bring it down to earth, and apply it in every day life to change your personal reality. Here's a simplified analogy of how parallel universes apply to you:

Imagine hundreds of highways, side-by-side, stretching before you. While these highways lead to or come from destinations, the highways are the ultimate destinations. The starting or ending point of a highway contains an experience similar to any other point of the highway. Each highway represents a unique life experience. Each represents a different version of you. Each highway contains experiences, props, people, sceneries, backgrounds, and emotions that are distinct and different (although on some, there may be similarities). Each time you make or change a decision, you change direction. You may move forward, backwards, to the right, to the left, to the side, or even switch to another highway altogether. From the viewpoint of infinity, these highways are not actually beside each other. Nor are they stacked on top of each other. From the viewpoint of infinity, they all take up the same space at the same time. They're not even linear, but for practical reasons, and in an earthly context, let's see them side-by-side, representing different versions of you.

Some of you are on highways containing experiences and leading to destinations that you like; some of you are on highways you dislike. Most highways are a mix of both. Some of you are moving very quickly, others are moving slowly, enjoying, or enduring the scenery. Others are sitting at the side of the road, having stopped to take a break, to be silent and contemplate their experience on their highway or which highway to take next. Others are sitting on the side of the highway because they don't know where to go. Others stand at crossroads, facing a decision about the further path. Too many still walk or drive down their highway in the mistaken belief that it is the only highway that exists or the only highway they are able to take. Some have a low-quality highway they don't enjoy; some have a low-quality highway they do enjoy. Some have a high-quality highway they enjoy; some have a high-quality highway they don't enjoy. The variety of experience is infinite and fascinating to onlookers.

The parallel universe concept, as applied to the self, holds that the multidimensional, infinite, and universal aspect of you is experiencing *all* highways simultaneously, and has traveled, is traveling, and will travel all of these variations. This oversoul version of self not only travels on all the highways, but also creates highways on which it and others travel. You already exist as many different versions of self, even though you (the limited version of you) may only be aware of one reality, one version of you. The reason for this limitation is simple: Were you to perceive all highways simultaneously, you wouldn't be able to focus on, learn from, and enjoy a single highway properly. When you decide to travel Highway A, another version of yourself is simultaneously deciding on Highway B. The version of you that would have decided on Highway B actually does exist—in a parallel universe.

A short version of the analogy, as in which science resolves the concept of parallel universes: Imagine you travel back in time, to before you were born. You meet your mother. Startled by your sudden appearance, she has a heart attack and dies. You've interfered in the natural timeline and killed your mother before you were born. This would mean that you were never born, which would mean you never built a time-machine with which you could travel back in time and cause your mother to have a heart attack, which means you were born, after all, which means you did travel back in time and shock your mom, which means you weren't born, which means you didn't travel back in time...etc. You get the picture. The way science solved this paradox was by postulating parallel time-tracks: One in which you were born, and one in which you were not.

The concept of a parallel universe is easy to grasp. Up to now, the many worlds theory has been kept in the realm of science, physics, and science fiction. Science still struggles with proving or disproving it, and science fiction still places it far from ordinary experience. I invite you to apply this

concept to your personal reality, your everyday life, and your own spiritual expansion.

The physicist Hugh Everett III first created the Many Worlds Model in 1957, based on concepts formulated in the Copenhagen School of Physics to explain certain anomalies of quantum mechanics. Quantum mechanics acknowledged that the observer of an event is not independent of the event, meaning that observed phenomena behaves according to the expectations of the observer. The many worlds model goes a step further by proposing that with each observed event, reality splits into different, non-intersecting realities, while the observer remains a special case. Everett's work is now widely acknowledged by leading physicists. Meanwhile, physicists also acknowledge what spiritual mystery schools have been teaching for ages: The observer is not a special case, but splits just as the observed reality does. The observer is connected to the observed reality. Furthermore, the various parallel worlds are not non-intersecting or autonomous, but can intersect and produce overspills or bleed-through into other realities. In the moment an event is observed, the very act of observation not only creates the event, but a split in which one version of the event is perceived and other versions seem to fall away. However, they do not stop existing; instead, they retreat into their own parallel reality with their corresponding observer. The versions of reality that do not manifest here manifest elsewhere and are as real for their observer as your version is real for you. In plain English, this means there is no reality without its corresponding observer, and there is no observer without its corresponding reality. Reality-version and observer-version are always connected. Every reality comes with an observer and every observer comes with a reality. It also means that there are an infinite number of realities you do not perceive, but which are just as real as your current one, taking place, and are accessible by you, because they are also you. This means you don't really have to create these realities; they already exist. You merely have to become the version of yourself that corresponds to the desired reality.

Parallel Reality Surfing

Life becomes even more interesting once you realize there are many versions of yourself and millions of options that await you. The hundreds of highways already in front of you may be called your destinies or paths of highest probability. Which highway you choose is a matter of free will. Even if, from a limited viewpoint, your choice is reduced to only a hundred paths, that's still more than most dare travel. Do you feel the breeze of fresh air now that you're aware of how many options you have? Does the breeze turn into a thunderstorm of fascination when I tell you that your infinite self has actually traveled all of these paths and you can link to any of these versions of reality and experience them just as fully as you experience your current reality? The only catch is that you have to forget or lose one reality to fully identify with another. That is the reason you act as if your current reality is the only one. We do that to focus in detail rather than be swept away by the chaos of infinite possibilities. We limit ourselves to focus in detail on one aspect of being.

The version of yourself that went to the right, the one that went to the left, the one that went straight on, the one that dropped out of school, the one that married, the one that didn't marry, the one that went to Hollywood and failed, the one that went to Hollywood and succeeded, the one that became a vet, the one that became a bank clerk, the one that became a professional soccer player, the one that invented a new perfume, the one that divorced, the one that had children, the poor one, the rich one, the one that was both, the one that was neither—your infinite self has experienced every and any variation of being.

And, since your essence is infinite self, so can you. In other words, the all-that-is universe is one with everything. You are one with the all-that-is universe. Therefore, you, too, are one with everything and have access to it. As the limited world self, the immersed or already identified self, you may be aware that your life might have gone another direction had you made other decisions, but as this world-self, you have probably not been aware that these other versions of you existed and could be entered. Do you remember that desire you had as a teenager to go a certain way? Perhaps you ended up not going that way. Well, another self did and is living that life right now. The ability to become this version, whenever you want, is installed in your consciousness.

The key to this ability is your sense of identity and the attributes the identity or world self uses: intention, imagination, belief, attention, emotion, communication, and action (or behavior or body sense). You needn't control these aspects separately. Instead, a single shift in identity-awareness (I am...) will shift sublevel aspects automatically. From where you stand, you can first view and

explore other timelines, choose between them, and then enter these reality-scapes by identifying with them. This means taking on the viewpoint of that other version of you, a person who is already enjoying that reality. This is not done by visualizing, affirming, goal setting, trying, working, achieving, or performing a ritual. That is what is taught in New Age philosophies, but it contradicts the idea of taking on the viewpoint of the one for who it is already real. If you were to take on that viewpoint, you would no longer need to desire, wish for, hope for, affirm, aim for, or visualize the reality—because you *are* it. In this sense, while we might be talking about things familiar to you “create your own reality” readers, the approach is entirely different. The reality you are in may be the most familiar, but it may not be the most fun. Just because it is solid, normal, and factual does not mean it is where you are damned to remain.

An easy way to gain preliminary access to alternate self-versions (before choosing one) is to ask yourself how your life might have progressed had you made another decision or non-decision. As your mind follows the probable flow of events from that decision onwards, you are already in energetic connection to a parallel reality. You are not yet in it, but touching it. Yes, simply by directing attention somewhere, you are already connecting to it. Putting attention there is the first step of reality surfing.

Another way to view parallel universes (before choosing and entering one) is through night dreams. Night dreams are often invalidated as unimportant, but when they are not processing garbled information of the day’s events, they often show parallel existences of self—often featuring similar people and roles as your waking reality but from other backgrounds, circumstances, or scenarios. Night dreams offer an opportunity to explore parallel universes of self before committing to one of them. The same thing can be said about daydreams or imagination.

Another way of becoming aware of parallel worlds of self is by noticing rare and unusual events, out-of-line occurrences, or strange coincidences. Timelines (highways, parallel realities) that closely border your current timeline often generate spillovers or crossovers to your current timeline. Events that don’t seem to belong to your daily routine are spillovers from parallel realities. Were you to stay with these events rather than returning to your habitual path, you would start moving towards the alternative highway.

What we call “desire” is actually a spillover from a parallel reality version of you already experiencing a certain reality. Desire is indicative of two things: That you are separate from the version of yourself who is already experiencing a reality you prefer, but also that this alternate version is not too far from you in terms of probability. You can’t want anything that doesn’t already belong to you. That’s the good news. If you didn’t already contain the potential to experience it, you would not want it; you wouldn’t even be able to think about it. You needn’t feel nostalgia or remorse over dreams never fulfilled because they have been fulfilled and can be re-accessed. You are anything you can imagine, and once you understand how to shift consciousness so that you correspond with what you desire or your desire corresponds with your innermost beliefs, you will become a very magical person indeed.

Access to another version of yourself begins by returning to a state of no identity, a non-conceptual consciousness, the zero-point of infinity, the realm of the pure “I am,” the observer, the witness who is not identified with anything, the one who is nothing and nobody, and at the same time, everything. Don’t identify with a new reality while still identified with an old one. Becoming “identity-less” is not as complicated as it may sound. The infinite identity-less self is accessed in deep inner silence in a specific type of meditation. From point zero, you start receiving (not creating) various versions of self. Then you enter the viewpoint of the preferred version, not looking at it, but as it, and experience the joy you would experience as that person. This is a matter of focusing attention in a certain way. Do not suddenly shift realities because you focus in a similar way day to day. Reality surfing is much like taking on a film role and behaving according to the script. Before the procedure is outlined, we must lose your definitions of reality.

The Eye of Infinity

In the beginning, in the end, and in between and beyond, there was, is, and will be, infinity. Infinity

is all that is, and it contains anything and everything anyone can imagine. Infinity is infinite, eternal, and multidimensional. Nothing can be taken away or lost from infinity, and nothing can be added; it already contains everything. It always has and always will. Infinity is something-ness, nothingness—both and neither nor. Infinity is also holographic. This means that any part of infinity contains the whole. Imagine cutting a picture in half, and instead of getting half a picture, you get the whole in a smaller version. Such is the nature of infinity. Within the infinite context, there are a limitless number of finite contexts, finite universes within universes within universes. These universes are limited viewpoints infinity inhabits temporarily—eyes of infinity. Each of these finite contexts contains the whole of infinity holographic. Let's get to how this relates to your personal reality and reality creation:

Infinity is one with any reality and the realities you desire. You are one with infinity. Therefore, you can also be one with any reality.

The Eye of the I

Infinity splits itself into many different viewpoints or “I am’s.” Each viewpoint is a part of infinity and separate, individual. To make a long story short, you come from the creator containing all the potential of the creator, but also have a relationship with the creator because of your separateness. From your original “I am” viewpoint, which is only separate once you split several more viewpoints, “I am this,” “I am that,” “I am also that.” Each word inserted after the original “I am” allows you to incarnate into a reality. Each reality you incarnate into has a context—limitations or game rules. Which realities you create depends on the context. The journey of the soul is an adventurous and exciting one. One might incarnate into a universe, lose oneself in it, and within that universe, incarnate into another one, and another one, completely losing track of the original source of the journey. Since the connection to infinity is never broken, the soul can never be entirely lost.

In RC terms, consciousness equals infinity. Consciousness is all there is, and consciousness creates worlds and worlds within worlds. In RC terms, the three most interesting aspects are consciousness (infinity, all that is, the universe, God, the field) and the world-self (ego, identity, self, individual, persona) and the relationship between the two.

There Is No Separation between Identity and Reality

Consciousness is not within the body, brain, or mind. Between observer and the observed, separation always allows something to be observed. You can observe your body and your mind; therefore, you cannot “be” them. The reason we have difficulty knowing who we are is that we are that. The eye wasn’t designed to look at itself. Consciousness is not limited to the body. Notice how you can let your attention expand beyond the boundaries of the body or your immediate surroundings. Although you may have been conditioned to the viewpoint that you are “in” the universe, in RC terms, the universe is in you. You may believe there’s a small me in a big universe, but it’s the other way around. There is no separation between “in here” (me) and “out there.” This separation is a construct of consciousness built for the game we call life. For reality-creation coaching, this has many implications. One of them is that identity and reality are synonymous. What you see and hear in your surroundings is within you, part of your body. It also means that a change of identity implies a change of reality. *You see the world not as it is, but as you are.* Life doesn’t happen to you, but through you. Truth is not a path you follow, but one created by your footsteps.